

SPRINGWATER PARTY LINE

28 June 2022

by Katherine J. T. Humphrey

The place to be on Thursday, July 28, this week in 2022 is the **Spaghetti Dinner** by donation at the Webster's Crossing United Methodist Church. Choose to come for take-out or chose to eat in. The menu consists of Spaghetti, Meat Balls, Sauce, Italian Bread, Butter, Tossed Salad, Dressing, and a cupcake for dessert. Those eating in will have a choice of beverage. Ralph Hamilton will lead a Music Jam in the sanctuary and musicians are invited to come join in the music making as their donation.

Vacation Bible School for Webster Crossing has been announced for evenings in the second week of **August on the 8 – 11, 2022**. The time is between 6:30 and 8:00 PM. Please contact Pastor Dorothy with any questions at 585-406-7030.

Ten people participated Sunday, July 24, 2022 in the **Springwater Trail's** hike to the falls in Whiteman's Gully near Wayland. There are falls both above and below the road bridge over Whiteman's Creek. The trails are widened and are in pristine woods with many hemlock and pine. This coming week, on Sunday, July 31, the hike will be near **High Tor in Naples area**. More details can be found on the Springwater Trails website or ask a regular hiker.

Springwater's connection to the Livingston County Office for the Aging is Linda Hopkins. She writes: **Lifespan (585-498-4034)** is now providing free, unbiased, one-on-one counseling for Medicare beneficiaries. In-person or phone appointments available! Call Lifespan at: 585-498-4034 or contact: lifespanrochestesr.org. Livingston County Office for the Aging is partnering with **Senior Planet from AARP** to help older adults use technology to learn new skills, save, money, get in shape, and make new friends. Classes are intended for Livingston County residents age 60 and over. Join to take advantage of programs on popular topics and learn how you can stay connected! No equipment necessary – classroom equipment provided. Upcoming Topics (you may choose one or all): Video Chat with Zoom – Connect with friends/family, Staying Safe Online, and Telemedicine/Online Health Resources. Sign up today! Call: Livingston County Office for the Aging: 585-243-7520

Although six-week classes started July 19 at Goodwill community room in Geneseo, you, as a senior citizen, may be able to pick up where they are at the moment by calling the Office of the Aging at 585-335-4358 to let your interest be known, as the programs are repeated at other times and locations: "Does your Chronic Health Condition Control your Life? Learn how to better manage your health, your time, and your life." Classes offer support and help to maintain and improve strength and flexibility; deal with problems such as frustration, fatigue, isolation and pain; communicate effectively with loved ones and doctors; improve sleep and nutritional status. To register: call, 585-335-4358 or email: noyes-livinghealthy@urmc.rochester.edu

Seniors may be interested in the Livingston County Fall Prevention Awareness Event scheduled for Friday, September 16th, 2022, 10AM to 1:30PM at the Lakeville Fire Training Grounds, Lakeville, NY. Details can be found at Livingston County Office for the Aging, 585-335-4358.

As a senior citizen, another date you might want to circle on your calendar is Tuesday, September 27 at 2 PM when the topic “Your Life, Your Rights: Protecting Older Adults from Financial Exploitation and Elder Abuse” will be presented. A legal outreach seminar for seniors, caregivers, and service providers will be presented by Legal Assistance of Western NY, Inc. LawNY attorneys will be giving attendees tools, tips, and resources to identify, report, and remedy situations that may be considered elder abuse or financial exploitation. In person at the Livingston County Campus, Building 1 Conference Center Register: Livingston County Office for the Aging: 585-243-7520

The **Springwater Museum** on South Main Street in Springwater will be **open on Sunday August 7, 14, and 21, from Noon to 4 PM**. The Museum will be open on **Sunday, August 14** during the **Gala Community Day**. Be sure to stop by and lend your support. “Membership carries the satisfaction of knowing that you are doing some small thing to preserve artifacts and historical stories of the Town of Springwater.”

Update on **FOODLINK** (free food) distribution announced by Teresa Langhorn. The dates for the next distributions are the first Tuesday of each month for the rest of 2022. These are on **Tuesdays, August 2, September 6, October 4, November 1, and December 6**. The start time is 3:30 PM at the Springwater Fire Department parking lot. With school children out of school for the months of July and August, there is also a greater need for donations to the Springwater Food Pantry. Contact Teresa (585-245-1223).

Note that **Pheeber McGee’s Ice Cream Shop** on South Main Street in Springwater, across from the Springwater Fire Hall, is **open for the summer** on Wednesdays through Sundays from 3 PM to 9 PM.

The **Town of Springwater Summer Recreation Program** is scheduled for **August 1 – 25 from 9 AM to Noon** at the Springwater Town Park (Larry Canute Memorial Park). For additional information, contact the Town Clerk at 585-669-2545. Application packets may also be picked up on the day of the program.

Do stop by **the Springwater Farmer’s Market** at the corner of 15A and Route 15 at the park at the blinking red light **every Friday from 3 to 6 PM** all summer long and into the fall. You will find delicious vegetables, eggs, and other items. Support local vendors and obtain fresh products.

The Republican Committee is having a **Community Yard Sale** as a fundraiser on **Sunday, August 14** which is the same day scheduled for **the Gala Community Day** to be held at the Larry Canute Memorial Park. Donations of gently used items are being sought for the Community Yard Sale. Please contact Anita (585-728-2329) or Erin (585-728-2764) to donate. Thank you for your support.

The **Overeaters Anonymous group** that meets **weekly on Thursday evenings at 6:30 PM** in the Dansville Public Library would like to invite anyone with food issues to come and join them. There are no fees, no weigh-ins, no required food plans and definitely no guilt; just a

group of people who have been overcoming food issues for decades. If you have any questions, please call 607-968-0381. Information supplied by Dan Finch, pastor at Wayland United Methodist Church. Lifespan of Greater Rochester

585.244.8400 or

844.249.7126 FLCINewsletter@lifespanrochester.org www.lifespanrochester.org

Ole Time Golf Tournament on Friday August 12th hosted by the Little Lakes Community Center will be at Old Hickory Golf Course in Livonia, NY. We are looking for teams or individuals that would be interested in playing 18 holes of Golf. The cost of the event is \$85.00 per person and includes 18 holes of golf, a golf cart, lunch, a roast beef dinner, and wonderful raffle prizes. If interested, register by July 29th at 1:00 PM by contacting Bonnie Sykes at bsykes@littlilakesny.org. If registering as a team, think of a fun team name. We hope you will join us for this fun-filled day!

Triyoga Class is taught by Carol Williams on Friday mornings. Carol will be teaching systematized Triyoga along with props from 9:30-11:30 AM. The classes are on the 2nd floor, room #25, in the Little lakes Community Center, 4705 S. Main St. Hemlock, NY. Classes are donation based; funds going to support the LLCC Community Center. Any questions or to register contact Carol by text 585-727-2230 or by email growning3in1yoga@gmail.com

Hemlock Market every Saturday from 10:00 AM – 1 PM on the front lawn at Little Lakes Community Center, 4705 S. Main St. Hemlock. Market will feature local farmers, gardeners and artisans. Local Produce, perennial and house plants, garden items, eggs, fresh meat, baked goods, and artisan items will be some of the things you will find at the market. www.littlelakesny.org 585-367-1046.

Community Yard Sale-Every third Saturday of the month (in August on the 20th) through September the Little Lakes Community Center will be hosting a community yard sale from 9-2. If you would like to participate, the cost for a 10'x10' space is \$20.00. You can register for a spot online at www.littlelakesny.org or by dropping off the fee in a labeled envelope at the Little Lakes Community Center, 4705 S. Main St. Hemlock, no later than 2 days before the actual yard sale date. Each person is responsible for bringing a table and chairs. Tent coverings are allowed as long as they are not bigger than 10'x10'. Spaces will be located behind the center as the Farmer's Market will be on the front lawn. This should benefit all involved, more shopping available. Just a reminder the LLCC is a carry-in carry-out trash facility. For additional information or questions please call Bonnie Young 585-690-2737. Spaces are limited on a 1st come 1st serve basis and there are no rain dates. If you are not interested in having a space come and shop!!!

Rueda de Casino Dance Club is on Fridays, 7:00 to 9:00 PM. Cost is \$12.00; pre-register at www.littlelakesny.org, Little Lakes Community Center, 4705 S. Main St., Hemlock, 585-367-1046. Rueda de Casino is a group Salsa dance from Cuba. Think Square Dancing meets Salsa. Couples are arranged in a circle (Rueda = wheel), dancing Cuban style Salsa (Casino), responding to a "caller" orchestrating the dance. The first 45 - 60 minutes is learning oriented, with frequent stops to learn the moves and to improve details. The next 30 - 45 minutes is "flow" oriented; only stopping between each musical arrangement. The last 30 minutes is for

socializing. A variety of Salsa, Bachata, and Merengue music is played for anyone's dancing pleasure.

Zumba Class with Shanna Butler is **Monday evenings** from 6:00 – 7:00 PM. Cost: \$25 per month (5 classes) or \$7 drop in at the Little Lakes Community Center, 4705 S. Main Street, Hemlock, www.littlelakesny.org, 585-367-1046. Shanna Butler had her own studio for several years, is a certified instructor in both Zumba and Beach Body, and a choreographer. She completed a degree from the University of Buffalo in Theater and Dance. Come ready to dance, exercise, and have fun! This is a good time to sign up.

Reminder: Railroad- Arcade and Attica Murder Mystery Dinner Theater is a Little Lakes Community Center tour that will depart the Little Lakes Center on **July 30th by 3:30 P.M.** to travel to Arcade to begin the train ride at 5:00 P.M. While on board the train, a catered meal will be served consisting of two meats, pasta, a potato, salad, dessert, and beverage. All this happens while a theatrical murder dinner mystery takes place. The cost for the whole event is \$70.00. We are all looking forward to this fun filled evening. One can register on line www.littlelakesny.org or pay in person at the LLCC, 4705 S. Main Street, Hemlock. **Registration closed.**

The **Second Annual Garlic Braiding Class** is going to happen again! The official date and time will be **Sunday, August 28, 2022** at 1:00 p.m.! Will be at Harmony Acres Garlic Farm, 6785 Mount Morris Nunda Road, Mount Morris, NY 14510. The cost is \$25.00 per person, per braid. Bringing home your own hand-braided, locally grown, garlic braid is both beautiful and delicious. No previous braiding experience necessary! Consider making one for yourself and one for a friend. Or better yet, bring your friend! These make great gifts! All are welcome. Michelle & Tim Scutt, owners of Harmony Acres Garlic Farm, will need an exact head count for all those attending. There is a lot of preparation required for each braid, starting the night before! Please RSVP by indicating the exact number in your party who will be attending. email: colettemorabito57@gmail.com or Phone: 585/248-0654

Happy Birthday to:

July 28 – Wayne Loop, Sue Sahrle

July 29 – Wendy West

July 30 – Phillip Zeh

July 31 – Hayleigh Nadeau, Christina Langhorn

August 1 – Jake Coddling, Faye Gricius, Joyce Humphrey, Sherry Bruno

August 2 – Theresa Moore, Gail Wagner, Jacob Willard

August 4 – Tim James

Anniversaries: Congratulations:

July 25 – Ron & Sharon Ingraham #63

August 1 – Pat & Marilyn Sheedy, Randy & Lisa Wilkinson-Moore

August 3 – John & Lindsay Jordan #9

Please do not hesitate to let Katherine Humphrey know of any errors you find or information you wish to share from the Webster Crossing area in this Springwater Party

Line. Contact kjth@allwesterntrees.com or by mail to PO Box 217, Springwater, NY 14560. Thank you.