

## SPRINGWATER PARTY LINE

27 January 2022

by Katherine J. T. Humphrey

Here is making sure you know that the Webster's Crossing United Methodist Church congregation decided not to have the Spaghetti Dinner and Music Jam on Thursday, January 27<sup>th</sup>, 2022. The decision was made because of the spread of Covid in our county and our desire to keep people safe; because of the unknown weather for this time of year, and because we are missing some of our helpers.

The Springwater Trail's hike this past Sunday, January 23, 2022 around Schribner Valley in Springwater was cold, but stunningly beautiful after the morning snow. Photos by John Larysz at [A Hike on Schribner Hill in Springwater, NY \(larysz.com\)](http://larysz.com) will give you an idea of the beauty of the falling snow. Ten people attended, nine on snow shoes and one that preferred to hike with boots. Our hosts, Mark and Linda planned some excellent routes for the three different groups to follow, depending on skill level and our New York weather; however with such a small group, we broke up into two. Following the hike, we eagerly gathered round a bonfire for the social. Please join us this coming Sunday, January 30 for a cross-country ski, snowshoe or hike, at the Harriet Hollister Spencer Park. The trails are actually in both Livingston and Ontario Counties. A few years ago New York State acquired several new parcels of land to the south of the original park boundaries. Wear warm clothing, bring water, skis and poles or snowshoes and poles, and wear warm dry footwear. Following the hike the social will be at the Birdhouse Brewing Company, 8716 Main Street in Honeoye.

If you or someone you know is a caregiver, be sure to share the following e-mail from Lifespan, as every week there is helpful information to make life easier when caring for others: Lifespan's FLCI [flcinewsletter@lifespan-roch.org](mailto:flcinewsletter@lifespan-roch.org) This week's newsletter had some excellent advice on coping with the Winter Blues characterized by excessive sleeping and struggling to get out of bed, extreme fatigue, low motivation and challenges in concentration. The suggestion was made to create a calendar with one thing to do that you enjoy doing each day. The calendar should be filled with things relatively easy to do and that can be exchanged if the item listed does not appeal to you that day, but might, for example, include making use of a gift received during the holidays.

Do check the Little Lakes Community Center activities. Find upcoming events at Little Lakes Community Center, 4705 S. Main Street, Hemlock NY , [www.littlelakesny.org](http://www.littlelakesny.org): 585-367-1046:

### **Triyoga Class**

with Carol Williams

**Fridays**, 9:30 to 11:30 AM

Little Lakes Community Center

4705 S. Main St., Hemlock

Rm. 25 (Yoga Bhoga)

Donations to LLCA accepted.

Class content, while following systematized sequencing, allows for modification options as needed for each participant. Up to date COVID Safety rules respected. Learn ways to elicit the relaxation response, strengthening, instilling fluidity within the body, mind, and spirit for self-care. Contact Carol at 585-727-2230 to secure a space held for you.

### **Rueda de Casino Dance Club**

**Fridays, 7:00 to 9:00 PM**

\$12.00; pre-register at [www.littlelakesny.org](http://www.littlelakesny.org)

Little Lakes Community Center

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Rueda de Casino is a group Salsa dance from Cuba. Think Square Dancing meets Salsa. Couples are arranged in a circle (Rueda = wheel), dancing Cuban style Salsa (Casino), responding to a "caller" orchestrating the dance. The first 45 - 60 minutes is learning oriented, with frequent stops to learn the moves and to improve details. The next 30 - 45 minutes is "flow" oriented, only stopping between songs. The last 30 minutes is for socializing. A variety of Salsa, Bachata, and Merengue music is played for anyone's dancing pleasure.

### **Sacred Circle Dancing**

with Kerri Vaughn

**Tuesdays, 10:00 to 11:00 AM**

Registration: \$5

Little Lakes Community Association

4705 S. Main Street, Hemlock

[www.littlelakesny.org](http://www.littlelakesny.org), 585-367-1046

Sacred Circle Dancing draws on ancient cultural and modern dances from around the world. Each dance is presented in a step-by-step fashion and is appropriate for new dancers. The pace of the music will vary from slow and meditative to fast and energetic. Participants will be encouraged to listen to their bodies and participate only if comfortable.

### **Zumba Class**

With Shanna Butler

**Monday evenings** from 6:00 – 7:00 PM starting January 31, 2022

Cost: \$25 per month (5 classes) or \$7 drop in.

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Shanna Butler ran her own studio for several years, is a certified instructor in both Zumba and Beach Body, and a choreographer. She completed a degree from the University of Buffalo in Theater and Dance. The Little Lakes Community Association is excited to have Shanna offering this class for those who are ready to dance, exercise, and have fun! This is a good time to sign up.

### **Little Lakes Book Club**

**Thursday, February 3, 6:30 to 7:30 PM**

\$5.00 donation, refreshments included, masks mandatory

Little Lakes Community Center

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Cloud Cuckoo Land by Anthony Doerr is the book that will be discussed. Join the group for an evening of great conversation, including people's opinions concerning the books chosen. Next month's book discussion in March will be around The Great Alone by Kristin Hannah.

### **Batavia Downs Gaming and Holland Land Office Museum Tour**

**Tuesday, February 8, 8:30 AM to late afternoon**

\$6.00 per person

Masks are a must. Lunch is on you.

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Come join us as we look at over 800 of the most in-demand games to play at the casino in Batavia, New York. It is one of the state's fun entertainment destinations and promises to be an outing that is worth attending. Arrive at the Little Lakes Community Center at 8:30 AM. After registration and our 50/50 raffle we will depart promptly at 9:00. At roughly 10:00 AM we will be registering at the Players Club inside the casino where we receive \$15.00 free players' credit and then on to play the slots and have some fun. The duration of time at the casino is about 2 hours. Main Street Pizza Company is expecting us to stop by for lunch. Try some of their old-fashioned pizza, a favorite of a Rochester radio celebrity, or share with a friend their 16oz. meatball. Everything on the menu is delicious. After lunch, we will stop at The Holland Land Office Museum on Main Street in Batavia. This is the Genesee County Museum and although small, has some interesting historical information and collections to share. For history buffs it should prove informative. Escape the "Winter Blahs" and come join us!

If you enjoy listening to Irish Dance music and are curious about the dance steps and their history, block February 19, 2022 from 7:30 to 9:30 PM on your calendar to go to the Little Lakes Community Center in Hemlock. Details will be in the next columns.

Thought you might like to know the dates of February 24 through 26 have been chosen for the 36th annual New York Farm Show at the NYS Fairgrounds, Syracuse --- the Northeast's premier indoor farm show that is packed with new and practical equipment, services and products. Free tickets often come in the mail or appear at different places around the area.

Happy Birthday to:

January 28 – Teffenie & Heather Bovee

January 29 – Pat Parkhouse, John Stevenson

January 30 – Jim Bowers, Elaine Jacobs

January 31 – Kyle Schnitzer, Kendra Jacobs, Kyle Haas

February 1 – Deryl Westurn

February 2 – Valcia Holden Taylor, Traci Cartwright  
February 3 – Rachel Van Scooter, Debbie Shull

Please do not hesitate to let Katherine Humphrey know of any errors you find or information you have to share from the Webster Crossing area in this Springwater Party Line. Contact [kjth@allwesterntrees.com](mailto:kjth@allwesterntrees.com) or by mail to PO Box 217, Springwater, NY 14560. Thank you.