

SPRINGWATER PARTY LINE

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by Katherine J. T. Humphrey

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To those who like to come to the Webster's Crossing United Methodist Church Spaghetti dinners on the fourth Thursdays of the month, we are sorry to announce January's dinner is not to be. Do stay tuned for February though and check back soon. People are being vaccinated; sunset will be later so we will have more light; and we look so forward to seeing everyone once again safely.

The Sixth Annual Ecological Sustainability Series, Session 1 will be a Round-Table Discussion about Regenerative Farming, Thursday, January 21, 6:30 to 8:00 PM in person and via Zoom. There is a cost of \$10 for registration in advance at the Little Lakes Community Center, 4705 S. Main Street, Hemlock, (585) 367-1046, www.littlelakesny.org, the place to register. Participants include: Erin Bullock, Wild Hill Farm CSA, Steve Melcher, Odonata Sanctuary, and Deborah Denome, Shimmering Light Farm and Renewal Center, and Facilitator: Nikolas Varrone, Flying Bucket Farm and SUNY Geneseo Instructor. Several local farmers and gardeners will share their creative insights and current practices using regenerative farming techniques. The benefits and challenges of adopting this approach will be discussed, with ample opportunity for meeting participants to ask questions and share their ideas as well. Thank you, Tawn Feeny, for the information.

To help teach youth the 3R's concepts: Reduce, Reuse, Recycle while encouraging eco-friendly lifestyles, the Little Lakes Community Center is inviting young people to a January poster making project taught by a young person. If someone you know is in third grade through eighth grade, enjoys art projects and wants to help save our planet, join "Sustainable Sassy" at the Little Lakes Community Center to make posters for display at the Ecological Sustainability Series.

Have you ever had an epiphany - an experience of a sudden and striking realization? This week I think I did. For many years, since high school even, I have asked individuals "What makes people accomplish something? An answer has been elusive, and countless people say their list of to do's gets longer and longer and the pace of accomplishment slower and slower as one moves up in age. I read this line in the Pennysaver: "Letting complacency set in is easy, but finding motivation to press on and move ahead takes mental determination." But what is the force behind determination? In Pastor Dorothy Hotchkiss' Sunday sermon January 17 she made a strong case that the Holy Spirit might be what gives us the power behind determination. Then I talked to my sister and she told me about an 80/20 rule to help accomplish monetary goals. In using the internet on many facets, I was back to remembering the word perfectionist and when I looked that up, procrastination became clear as a problem perfectionists have and why they don't get "stuff" done. Is there help for a perfectionist? Yes and no, depending on what the goal is and where your talents lie, but not at the expense of people. If getting the task done perfectly is impossible in the time allotted, will completing it be more important? Maybe I did not realize there is more to life than accomplishing goals. Growing up in a household where self-motivation, persistence, hard work and discipline are valued leads one to being a perfectionist, but at what expense? Success comes from staying inspired, believing in oneself, and persevering despite

having setbacks. These seem to have everything to do with completing thing of this world. What brings us joy and keeps us from “sweating the small stuff?” My favorite and most helpful step in the right direction is making friends of all ages - people who appreciate friendship, family, and community and helping others to find “the way, the truth, and the life”. Brings to mind Galatians 5:22.

Seventeen people joined the hike at the north end of Canadice Lake off Purcell Road at the Springwater Trails Sunday hike on January 17th despite the change in venue from the Finger Lakes Trail. Unfortunately John Larysz who usually takes photos and shares them with me will not be sending photos for awhile, as he is unable to join us due to health problems. We will miss his skills and he will be in our thoughts and prayers. However, for those who like to see photos, Mike Tremblay posts his photos to Springwater Trail’s website and on Facebook. Mike did send me some photos and we thank him for sharing. The hike was rather level along the lake (almost 3 miles) and well over that for the hikers that also took to scaling the mountain on Rob’s Trail. Canadice Lake is deeper than Hemlock at the North end and was not encrusted by ice. Still, skipping nice flat rocks over the lake surface with Jeannie was fun and a different sound of splashing, way different from last week’s unusual sound of rock skipping on ice (yes, trying to improve listening skills). The next hike on Sunday, January 24, will be in the Cohocton Hills. Someone mentioned it would be on a Golf Course. Log into the Springwater Trails’ website for details posted toward the end of the week and check back on Sunday morning for any changes or ask a regular hiker.

Sustainable Sassy's next venture for teaching young people is on Saturday, January 23, 2021 from 11:00 AM to 12:00 Noon at the Little Lakes Community Center in Hemlock. The cost is \$5 per child and registration at www.littlelakesny.org is a must by Thursday, January 21 at 3 PM. Masks are mandatory.

Happy Birthday to:

January 23 – Margaret Westurn

January 24 – Pastor Ray Shaw

January 25 – Bones Grey

January 26 – Ezra Lee Parker, Opal Fox

January 28 – Teffenie & Heather Bovee

Happy Anniversary:

January 26 – Norris & Carol Rowley #59

January 28 – Tom & Georgia Robinson