

SPRINGWATER PARTY LINE
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by Katherine J. T. Humphrey
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On Wednesday, February 20, the Trust in the Lives of Older Women's Group at 1 PM at the Wayland Library is hosting the first in a series on "Eating Right for Life" with Lorraine Wichtowski, Community Health and Wellness educator at UR Medicine Noyes Health presenting. There is a cost of \$10 for the books payable by cash or check (to UR Medicine Noyes Health) at this first session. The two books are "Eat Right for Life" and the "Companion Cookbook". This series is in perfect timing to highlight March which is Nutrition Month as designated by dietitians everywhere belonging to the Academy of Nutrition and Dietetics of which I have been a member since 1958 – 60 years this year! The remaining part of this series will be presented by Lorraine on March 20, April 17, May 15, and June 19 at the Wayland Library. Don't miss this opportunity to learn how to live happier and healthier. Lorraine will have plenty of tips you can incorporate into every day living.

The Little Lakes Community Association series on Ecological Sustainability kicks off today, Thursday, February 21 at the Little Lakes Community Center, 4705 Main Street in Hemlock. The event is free and is being presented by the Rochester Peoples Climate Coalition on Climate Change and Community Choice Aggregation (CCA). CCA is a local government tool to reduce carbon emissions and allow residents and small businesses to use their buying power to jointly contract for renewable electricity that is less expensive. The New York Farm Show is scheduled for February 21-23 at the NYS Fairgrounds in Syracuse. It is cosponsored by New York Forest Owners Association, New York State DEC, and Cornell Cooperative Extension. This is an opportunity you will want to attend if you would like to know more about agriculture in New York, are involved with farming or forestry in any way.

Remember the Food Link delivery is this Saturday, February 23rd. The food is available to anyone in an orderly manner, and all participants are asked to be cognizant of others needs and either help by picking up items for, or alerting people to, this free food distribution. The Springwater Community Food Pantry is closed for the morning, but will be open again next Wednesday, February 27 from 6:30 to 8 PM and on Saturday, March 2, from 9 to 11 AM. If you have questions about either food distribution venues please contact Teresa Langhorn at 245-1223. For those willing to share, the Pantry needs the following items: : canned corn, waxed beans, green beans, kidney beans, tuna, chicken (in a can), peanut butter, jelly, canned milk, spaghetti, noodles, canned spaghetti sauce, tomato sauce, diced tomatoes, tomato paste, sugar, flour, spices, cooking sprays/oil, any and all condiments, salad dressings, shampoo/conditioner, body soap, toothbrushes/tooth paste, deodorants, tissues, toilet paper, paper towels, cleaning and laundry supplies. Even if you can only donate 1 item on the list, that donation would be a blessing in someone's life. Thanks and God Blessings to everyone contributing to the SCFP.



On Sunday, February 17, at 12:30 PM, Cumming Nature Center in Naples on Day 2 of the Annual Nordic Fest Weekend for hiking/skiing/snowshoeing, was the Springwater Trails hikers destination. Eight people attended (see attached photo). Next Sunday, February 24 we will be hiking another section of the Letchworth Branch of the Finger Lakes Trail. For more details, log into the Springwater Trails website or ask a regular hiker.

Do jot the Webster's Crossing United Methodist Church Spaghetti Dinner and Music Jam by donation on your calendar for next Thursday, February 28th. The food will be served from 4:30 to 7 PM and the music will go on into the night. You will be pleased to learn that our cake bakers - Anna and Sylvia, and our pie donators - Gladys, Mary and Crissy, will be sharing their good will and delicious baked goods. You might even see Chris back bringing the olives, pickles, tomatoes, and peppers for the salad. Come enjoy an evening of food, fellowship, and music. There are the cooks and clean-up angels we are thankful for as well!

Pat Granger from Springwater United Methodist Church wrote me the following to share with you: "We have just finished our third week of following the 1939 'Order of Worship II'. It is good that we can adjust to changes. Springwater has lost another member of their community. Bill Caskey passed away on Friday afternoon at home. He lived in Springwater all of his life. The calling hours are Tuesday from 4:00-7:00pm at St. George's Funeral Home in Wayland and the funeral will be Wednesday at 11 o'clock right at the funeral home. Please keep the family in prayers. The following people also need prayers; the Martucio family in Conesus that had a house fire and lost everything, Bob Sahrle who was injured at the fire and is recuperating at home, Tim Donovan who had a stroke this past week, Barb Malone who is recuperating at home, Jeanette's son Leonard that has been receiving chemo and his immune system is not back up where it should be, Shawn Wray for healing of injuries he received from a beating, Steve Holmes for healing from shoulder surgery, and Teresa Langhorn for patience and healing of her two broken ribs. Our concerns include the unkindness going on in our country, for our military, and our churches. Our joys were that Amy Goodwin is coming along very well in her healing and that Pastor Dawn saw a robin this past week. Everyone have a wonderful week."

Sunday morning, if a church in the neighborhood is your destination to gather together with others to learn more about the real reason we are on this Earth, there are many churches in the neighborhood from which to choose. The Genesee Country Express devotes over half a newspaper page to the local houses of worship most every week. If you see any errors, please contact the main desk in person at 113 Main Street in

Dansville or call 585-335-2271 during office hours Monday 10 to 11 AM and 2 to 5 PM, Tuesday through Thursday from 8 to 11 AM and 2 to 5 PM, and Friday from 8 AM to 3 PM. It helps if they have the opportunity to get to know you. I would be glad to help make the corrections, if you prefer to contact me at 585-669-2659 or 585-737-5205 or by e-mail at kjth@allwesterntrees.com.

Note that the 16th Annual “Boop” Chili Cookoff is on the horizon once more. All proceeds are to benefit Kern Robinson Post 905 American Legion, 7998 School Street, Springwater, the place to be on Saturday, March 2, 2019. Anyone can attend either to enter the contest by bringing a Chili and/or by coming to enjoy selecting a crowd favorite. Details: Contact Mr. Fredericy at 585-669-9372. The event is open to the public. To enter the contest, drop off your Chili in a Crockpot (to keep it hot and safe to eat) at 4 PM along with a \$5 bill. Judging starts at 5 PM. Drawing for Pick Table and 50/50 starts at 6 PM and continues through the evening. Come share your recipe & sample the FREE Chili & Hot dogs. Vote for your favorite. Prizes: Original \$30, Hottest \$20, Crowd Favorite \$10.

Colleen Liggett is teaching another free Tai Chi (based on Sun style) for Arthritis in 8 session workshop at two different class times at the Wayland Free Library. Plan on attending both Monday afternoons from 1:30 to 2:30 PM and Wednesday mornings from 11:30 to 12:30 AM between March 11 and May 1, 2019. Space is limited and preregistration is required. There are two ways to register. Either register on line at www.steubencony.org/rsvp and click on “up-coming events” OR by calling 607-664-2298. The program is offered as part of the NYS Department of Health Older Adult Fall Prevention Program through partnerships with the Steuben County Office for the Aging, Steuben County RSVP, and New York Connects.

The Springwater Webster Crossing Historical Society is having a Penny Social at the Springwater Fire Hall on Saturday March 23rd starting at Noon when the doors open and bidding begins at 1 PM. Donations are currently being accepted by Brenda Haywood at 585-669-2478 or Pat Willsea at 585-669-2376 or 728-5552 or send a check or money order to: SWCHS, PO Box 68, Springwater, NY 14560.

A Historical Society program for March 26 at 6:30 PM at the Legion is in the planning stages and anyone with knowledge of metal working in Springwater is asked to attend and/or contact Katherine Humphrey at PO Box 217, Springwater, NY 14560 or kjth@allwesterntrees.com or phone 585-669-2659.

Birthdays:

February 21 – Colin Stevenson, Samantha Irwin
February 22 – Mike Bovee, Derek Sutton
February 23 – Julia Graves
February 24 – Lisa Vadney
February 25 – Tayler Hart, Pastor Dawn Merritt
February 28 – Kelly Dale, Mary Weed
February 29 – Coty Riley, Gabriella Rizzieri

