

SPRINGWATER PARTY LINE

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by Katherine J. T. Humphrey

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The 14th year of Webster's Crossing United Methodist Church (Route 15 between Conesus and Springwater) serving a monthly Spaghetti Dinner & having a Music Jam by donation is coming up this Thursday, September 27. Dinner is served 4:30 – 7 PM and music will go on into the night. The weather will be gorgeous (God willing), the food delicious, and the hospitality cordial. Everyone looks forward to seeing you and each other every month on the fourth Thursday of the month, except in November and December when it is the third Thursday due to the holidays. Looking for family? Then come every month and enjoy yourself. Some folks even pitch in to help!

Thursdays (at 10 AM) can be a day of song for not only those involved presently with the Livingston Senior Glee Club, but also for any senior over 60. To participate in singing popular and holiday-themed music, go to the Livingston County Center for Nursing and Rehabilitation on the campus at 11 Murray Hill Drive in Mount Morris 14510 on Thursdays. There are no auditions. All singers are welcome. Contact Maureen McCarron, Coordinator (585-223-6094) or ask at the Information Desk for the room and floor number. Enjoy camaraderie like never before.

Over a dozen people attended the Imagine No Racism group meeting at Sparta Center United Methodist Church on 9/17/18. Bob Lewis is the session leader for the two sessions remaining: 10/18/18 (Groveland Federated Church), 10/29/18 (West Sparta UMC). A whole new way of looking at racism is being presented with the goal of making all of us aware of what we can do to break down barriers.

On Sunday, 9/23/18, Springwater Trails enjoyed the yearly tri-modal around Canadice Lake planned by Mark. Those that brought a kayak included Melissa, Mark and Linda, and Rick. Mark, Linda, Rick, Saralinda, Carole, and Cheryl brought their bikes, and Char, Steve, Bonnie and Katherine did the 4 mile hike from the south boat launch to the parking lot on Purcell Hill Road. The social included a hot dog cookout with delicious salads, fruit, nuts, and dessert. Rock and Laurel joined us for the social and brought their boat for an evening on the lake. On Sunday afternoon, September 30, the next hike will be at Boughton Hill, where permission to hike is reserved for residents and their friends, located in the northern part of the Town of East Bloomfield, Ontario County. From the 1920s to the 1980s Fairport used the two reservoirs at this location for their water supply. Springwater Trails is fortunate to have permission to hike around these old reservoirs (now often referred to as "ponds"). The trails are good with very mild elevation changes, though there is poison ivy beside the trails. If you stick to the trails you are okay, but be sure you can identify it if you get off trail. Details such as carpooling by 1 PM at Springwater Town Hall and directions to the meeting area are available on the springwatertrails.org website. If you have no access to a computer, ask a regular hiker for information.

Colleen Liggett's 8-week class that began on 9/5, Tai Chi for Arthritis at the Wayland Free Library, has dwindled to around 10 people. Colleen assured us that we would learn all the moves and breathing suggestions by repetition. Like anything, Tai Chi takes practice. The rhythm is mesmerizing. Our meetings are Mondays and Wednesdays from 11:30 AM to 12:30 PM. The "Tai Chi for Arthritis Program for Seniors" is also offered at various locations and times in Livingston County. Call Livingston Office for the Aging: 585-243-7520. This program benefits everyone. Tai Chi combines slow moving with deep breathing. Increase strength; balance and posture; prevent falls; improve mind, body, and spirit; reduce stress; and increase relaxation.

The September 20, 2018 Ribbon Cutting Ceremony and Gymnasium Dedication of the Little Lakes Community Center in Hemlock was well attended. MaryAnn Thompson, President of the Little Lakes Community Association welcomed everyone and those present enjoyed the festivities. The tour of the building and grounds showed everyone in attendance the resources available in the three story building. The History Room volunteers like Rick Osiecki, made for information sharing. Volunteers supporting the organization worked hard to bring the building use to this point after several years of hard work which will be on-going. For example, a Community Bulletin Board just inside the front door on the left will be a great place to post notices of activities in the Little Lakes area, while on the right the activities of the Little Lakes Community Organization and at the Center will be highlighted. For more information, log into www.littlelakesNY.org and FB: @littlelakesNY to also see the results of the second annual Barn Fest 9/22/18. The details are at www.littlelakesNY.org or phone/text 585-455-2518.

Linda Hopkins, Springwater Representative to the Livingston County for the Aging Advisory Council, writes there is a Home Safe Home program available through funding from Office for the Aging and United Way, provided by Lifespan, and managed by UR Medicine/Noyes Health. Home Safe Home provides an in-home safety assessment and minor home modifications, including installation of grab bars and/or railings inside the home; mobility assistive equipment such as shower chairs and / or raised toilet seats. Eligibility requirements include: Livingston County resident, 60+ years old or under 60 and disabled, income less than \$38,000 a year. For in-home safety contact Tara at Noyes Health 585-335-4359. A safe home environment reduces risk of trips and falls. In addition, Linda writes about the Caregiver Support Group that will meet monthly starting on Tuesday, October 16 from 2 – 3 PM at Noyes Memorial Hospital. For more information contact Jenna Osterling at 585-703-7219.

On stopping in at Rauber's Agway in Wayland on Route 15, Kathy mentioned they now carry Dave and Mary Palmanteer's 10, 20 and 50 pound bags of new red potatoes. The potatoes are not washed because they store better for a longer time. There is lots of good eating for all who enjoy this nutritious root vegetable, the long time mascot for the Potato Festival held in Wayland, NY.

The Annual Meeting of the Western NY Forest Owners Association is fast approaching. The date is Wednesday, October 10, but reservations are requested by Wednesday, October 3, 2018. Send checks at \$24/person to Dick Starr, 231 Farmview Drive, Macedon, NY 14502. The place will be the Msgr. Schnacky Community Center at the Saint Catherine of Siena Church, 26 Mendon Ionia Road, Mendon, NY 14506. Meet and Greet at 5 PM, dinner at 6 PM. Speaker Ed Harding will tell his intriguing story of the 3,500 year old projectile he found while digging a post hole in his back yard in May of 2012 and his subsequent archeological dig. Door prizes and raffle items including a chain saw will be won by several people, maybe you!

There's a Roast Beef Dinner at the Groveland Federated Parish on Saturday, September 29. Try 4:30 PM, as "the early bird gets the worm."

Birthdays:

September 27 – Bob Irizarry, Cliff King

September 29 – Jovialis Gricius, Alison Gleason, Hallee Weatherbee

October 1 – Rebecca Schleuter, Colby Smith, Randy Chiverton, David Herbert Sr.

October 2 – Janine Miceli, Jeremiah Bowes

October 3 – Randi Stewart, Bill Fields, Connor McGinnis

October 4 – Genevieve Stevenson

Anniversaries: Congratulations!

September 27 – Chris & Lori Naczynski #15

October 3 – Jan & Paula Longacre

October 4 – Kurt & Sharon Hass #21