## SPRINGWATER PARTY LINE

2 June 2022 by Katherine J. T. Humphrey

Many thanks are extended to all that supported the **Spaghetti Dinner by donation** at the Webster's Crossing United Methodist Church (Route 15 between Conesus and Springwater) on Thursday, May 26, 2022. The next time the dinner will be held is the 4th Thursday of June, on **June 23rd**. Note that there are 5 Thursdays in June and this event is on the 4th Thursday. Do stop by **the Springwater Farmer's Market** at the corner of 15A and Route 15 at the park at the blinking red light **every Friday from 3 to 6 PM** all summer long and into the fall. You will find delicious vegetables, eggs, and other items. Support local vendors and obtain fresh products.

Ten **Springwater Trails'** people turned out to hike and bike on Sunday, May 29 at the Ontario County Park, the highest point in Ontario County. The weather was wonderful, the trails clearly marked, and the views outstanding. The next Springwater Trails event will be a Paddle on **Sunday**, **June 5**, **2022**. **Come prepared to kayak** on the Little Lakes. More details can be found on the Springwater Trails website or ask a regular hiker. Plan to arrive at 3:30 PM for best experience, and to have time to put your boat in the water.

There has been some confusion as to when the next Gala (Springwater Community Day) Steering Committee meeting is. The group will meet on **June 21, 2022** at the Amish workshop at 7:00 PM. Anyone interested in helping with the Gala arrangements is welcome to attend and volunteer their expertise. The **Springwater Gala Community Day** will be on **Sunday, August 14, 2022** at the Larry Canute Memorial Park off School Street.

**The Little Lakes Book Club** will discuss <u>The Last Thing He Told Me</u>, by Laura Dave. This is a thriller that grabs the reader at the very first page. The Meeting will be at Little Lakes Community Center, 4705 S. Main St., Hemlock, on June 2 from 6:30-9:00 PM. The cost to attend is a \$5.00 donation.

Other dates you might like to put on your calendar include the Tuesday, June 7<sup>th</sup> Springwater Republican Caucus at 7PM at the Fire Hall. All are welcome to attend, but only registered Republicans can vote. The Town Clerk position is up for election to complete the term through 2023. Come support Christi Johnson who has been doing a marvelous job as Town Clerk since the position was vacated. The Republican Primary is Tuesday, June 28, 2022 from 6 AM to 9 PM at the Springwater Fire Hall. There will be a **Community Yard Sale** on **Sunday, August 14** at the property next to the Fire Hall, as a fundraiser for the Springwater Republication Committee. The group is looking for donations of gently used items. Please contact Anita (585-728-2329) or Erin (585-728-2764. Thank you for your support.

Find information about **Healthy Living for Your Brain and Body** & a Panel Discussion on **Wednesday**, **June 8**, **2022 at noon**. Registration

Link: <a href="http://action.alz.org/MTG/81487953">http://action.alz.org/MTG/81487953</a>. For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy

aging. Develop a plan for incorporating healthy habits into your life to optimize your physical and cognitive health as you age.

For those who would like to mark their calendar for the Springwater Historical Society programming, plans include opening the Springwater Museum for Memorial Day on Monday, May 30 from Noon until 3 PM with exhibits and a yard sale of gently used items; and having the Museum on South Main Street in Springwater open the first and third Sundays in June, July, and August between Noon and 4 PM. The Museum will also be open on Sunday, August 14 during the Gala Community Day at the Larry Canute Memorial Park off School Street, the time to be announced as the date draws near.

The **Trust in the Lives of Older Women's Group** meets the first and third Wednesdays of every month at the Wayland Library at 1 PM. Senior citizens are encouraged to attend. On **June 1**, the presenter is Livingston County Cornell Cooperative Extension educator, **Lucille Tang**, **Registered Dietitian**. Lucille will talk about senior nutrition and also share tips about cooking for one, a challenge for everybody who tries it. Contact persons for the group include Marian Crawford and Linda Hopkins.

For the months of June, July, August, and September the Little Lakes Community Center will be hosting a Community Yard Sale the third Saturday of the month from 9-2 (June 18, July 16, Aug. 20, and Sept. 17). There is a cost for a 10' X 10' space. For more details and to register for a spot online go to the website <a href="www.littlelakesny.org">www.littlelakesny.org</a> or drop off the fee in a labeled envelope at the Little Lakes Community Center, 4705 S. Main St. Hemlock, no later than 2 days before the actual yard sale date. Register for all four dates and save \$10.00. Each person is responsible for bringing a table and chairs. Tent coverings are allowed as long as they are not bigger than 10'x10'. Spaces will be located behind the Center as the Farmer's Market will be on the front lawn. Note the Center is a "carry-in carry-out" trash facility. For additional information or questions please call Bonnie Young 585-690-2737. Spaces are limited on a 1st come 1st served basis and there are no rain dates.

The Little Lakes Community trip to the Freedom of Expression, the 2022 Member's Exhibition in Livingston County is June 9, 2022. Participants will meet at Little Lakes Community Center at 9 AM and depart the Center at 9:30 AM. The first stop will be the Veterans Poppy Monument near Gypsy lane on Route 63. This is a site where veterans and their families came together to create metal poppies that stand over the American flag to remind us of those who have served our country and gone before us. Next stop will be lunch at Al Lorenz Livingston County Park in Mt. Morris. Lunch will consist of a grilled chicken salad, roll, fresh fruit, dessert and a beverage. When lunch is finished the next destination is the Genesee Valley Council of the Arts exhibition: Freedom of Expression, the 2022 Member's Exhibition. The cost for the trip is \$20.00 per person. Register online at <a href="www.littlelakesny.org">www.littlelakesny.org</a> or at the Little Lakes Community Center, 4705 S. Main St. Hemlock. Participants must register by June 6th.

Lockport Cave and Underground Boat Ride Trip will start at the Little Lakes Community Center, 4705 S. Main St. Hemlock at 8:15 AM on June 28, 2022. The cost of the tour is \$18.00. Lunch and shopping will be on your own. We arrive at the docks about 10 AM. Participants will wear comfortable walking shoes as we will be ascending 75 steps down and back with two platforms along the way. Also, no purses are allowed in the caves. This is an

exciting 75 min. Historic walking tour through America's past on the Erie Canal. We will have the opportunity to explore the recently rehabilitated "Flight of Five" Erie Canal locks 67-71 constructed in 1838 and examine the industrial ruins of the times. Inside you will view stalactites, low stone and other various geological formations. After lunch, the tour will move on to a spot called the Tattered Tulip. This is a shop filled with unique items for the home, cooking, gardening, and more. We hope you can join us on this enjoyable day of fun. We are limited to 20 people and it is a first come first sign up basis. Depending on the numbers, it may be necessary to drive your own car or carpool. Register online at <a href="https://www.littlelakesny.org">www.littlelakesny.org</a> or at the Little Lakes Community Center.

A Farmer's Market is every Saturday from June 18th - October 15th between 10:00 -1:00 Little Lakes Community Center is hosting a Farmer's Market. Local produce, plants/garden items, baked goods, and local artisan vendors. New this year we will have fresh eggs, beef, and an expanded produce selection. For more information check out the LLCC website www.littlelakesny.org

The last issue of the *Genesee Country Express* was on May 26' 2022. Therefore, the Springwater Party Line will be discontinued in that publication. If you would like to continue receiving the column every week, please let Katherine Humphrey know by either calling 585-669-2659 or by sending an email to <a href="mailto:kjth@allwesterntrees.com">kjth@allwesterntrees.com</a>. Thank you to the publishers for including my column for many years and to those who have enjoyed reading it and let me know.

**Ukulele Lessons-** Little Lakes Community Center is proud to offer ukulele lessons given by Annie O'Reilly. The cost is a donation. The time is from 7:00-8:00 PM on the following dates, **June 16**, at the LLCC 4705 S. Main St. Hemlock, NY 14466. (585) 367-1046, <a href="www.littlelakesny.org">www.littlelakesny.org</a>

**Sacred Circle Dance**- Join Kerri Vaughn and her group of dancers as they celebrate the Earth every Tuesday morning through **6/28/2022**, 10:00-11:00 AM at Little Lakes Community Center, 4705 S. Main St. Hemlock, NY 14466. (585) 367-1046, <a href="www.littlelakesny.org">www.littlelakesny.org</a>. The cost of each class is \$5.00

**Triyoga Class** with Carol Williams is on **Fridays**, 9:30 to 11:30 AM at Little Lakes Community Center, 4705 S. Main St., Hemlock Rm. 25 (Yoga Bhoga). Donations to LLCA accepted. Class content, while following systematized sequencing, allows for modification options as needed for each participant. Up to date COVID Safety rules respected. Learn ways to elicit the relaxation response, strengthening, instilling fluidity within the body, mind, and spirit for self-care. Contact Carol at 585-727-2230 to secure a space.

Rueda de Casino Dance Club is on Fridays, 7:00 to 9:00 PM. Cost is \$12.00; pre-register at <a href="www.littlelakesny.org">www.littlelakesny.org</a>, Little Lakes Community Center, 4705 S. Main St., Hemlock, 585-367-1046. Rueda de Casino is a group Salsa dance from Cuba. Think Square Dancing meets Salsa. Couples are arranged in a circle (Rueda = wheel), dancing Cuban style Salsa (Casino), responding to a "caller" orchestrating the dance. The first 45 - 60 minutes is learning oriented, with frequent stops to learn the moves and to improve details. The next 30 - 45 minutes is

"flow" oriented, only stopping between songs. The last 30 minutes is for socializing. A variety of Salsa, Bachata, and Merengue music is played for anyone's dancing pleasure.

**Zumba Class** with Shanna Butler is in **Monday evenings** from 6:00 – 7:00 PM. Cost: \$25 per month (5 classes) or \$7 drop in at the Little Lakes Community Center, 4705 S. Main Street, Hemlock, <a href="www.littlelakesny.org">www.littlelakesny.org</a>, 585-367-1046. Shanna Butler had her own studio for several years, is a certified instructor in both Zumba and Beach Body, and a choreographer. She completed a degree from the University of Buffalo in Theater and Dance. Come ready to dance, exercise, and have fun! This is a good time to sign up.

## Happy Birthday to:

June 2 – Alan Dale

June 3 – Sabrina Bowes, Josiah Parker, Matthew Colangelo

June 4 – Andy Wester, Laura Sue Perkins

June 5 – Pam Sheedy, Catherine Tripp

June 6 – Kim Bowers, Kim Czak

June 7 – Jason Hamilton, Rachel Wagner, Krystin-Marie Gibson

June 8 – Ron Ingraham, Alissa Nicometo, Matt Herbert

June 9 – Gustavus Gricius, Isabel Nora Gibson

Happy Anniversary and congratulations to:

June 3 – John & Kim Czak #32

Please do not hesitate to let Katherine Humphrey know of any errors you find or information you wish to share from the Webster Crossing area in this Springwater Party

Line. Contact kjth@allwesterntrees.com or by mail to PO Box 217, Springwater, NY 14560. Thank you.