

## SPRINGWATER PARTY LINE

31 December 2020

by Katherine J. T. Humphrey

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The last day of the year 2020 is here. Our hope is that everyone had a memorable Christmas and that nothing but good might come in the New Year. Plans to reach goals are being made. An article in the Tuft's University Letter on the "third pillar of health" being sleep reminds us all to work toward the 7 hours recommended for adults. The thought also brings to mind the goals of eating "a little of everything and not too much of anything" and working toward "10 thousand steps a day" in the way of exercise. A three legged stool is no where near as stable as a four legged one. So what could the fourth be? Having faith! Faith in someone or something greater than we are can only come about with use. Not only does a good chair have four sturdy legs, but also a back. The back is your matrix of family and friends. Having one or more families, jobs, or hobbies can widen our horizons. Building faith, family, and friends comes with surrounding ourselves with others of a like mind and working as a team.

Pastor Dorothy Hotchkiss writes about the Christmas Eve Service at Webster's Crossing United Methodist Church on Route 15 north of Springwater: "Rain, rain and more rain. (There was) standing water in parking lot, eight in attendance, and the decision was made to come inside, out of (the) rain. Would have had 12 if a couple was not isolating, another had not hurt her back, and a third had not been away. It was very nice, felt like a FAMILY Christmas Eve celebration."

For John Larysz' photos of the highlights from the Springwater Trails' Cumming Nature Center hike on Sunday, December 27, 2020 go to

<http://larysz.com/Images/2020/December%20-%20Cumming/index.php>



Eleven hikers enjoyed the beautiful scenery at the Center covered with a few inches of snow. The next hike is the Hemlock Lake Beach Hike planned by Rick for January 3rd. "This Sunday will be the first Springwater Trails hike of the New Year. We will all meet at the DEC parking lot right off Rt. 15A before 2 PM. This will be an "out and back" hike along the access road to the south boat launch and continue on along the south trail for about 700 feet at which time the hikers will have a choice to continue along the south by

dropping down to the shoreline and hike the shoreline for 45 minutes and then exit back up to the south trail. This will bring the hikers back up to the end of the maintained portion of the south trail. Climbers may wish to explore beyond this point. At this point, participants can return back to the parking lot along the south trail and boat launch access road."

Tawn Feeney sends the upcoming events for the Little Lakes Community Center, 4705 S. Main Street, Hemlock, (585) 367-1046, [www.littlelakesny.org](http://www.littlelakesny.org) for January which follows:

Open Community Meeting, Monday, January 4, 2021, 6:30 – 8:30 PM Community Room, the first Monday evening of each month is dedicated to community input. All are welcome to join in, to learn about the organization, to ask questions and make suggestions.

The Little Lakes Book Club meets Wednesday, January 6, 2021, 6:30 to 7:30 PM, \$5.00 donation. The club meets the first Wed. of each month. This month they will be discussing “Where the Crawdads Sing” by Delia Owens. You are welcome to join the discussion, even if you have not yet read the book or read it previously.

The Little Lakes History Club with Linda Auble meets on Tuesday, January 12, 2021, 6:30 to 7:30 PM for a \$5 donation. This is a monthly meeting for fans of local History, family genealogies, and other topics of historical interest.

The Sixth Annual Ecological Sustainability Series, Session 1 will be a Round-Table Discussion about Regenerative Farming, Thursday, January 21, 6:30 to 8:00 PM in person and via Zoom. There is a cost of \$10 for registration in advance at [www.littlelakesny.org](http://www.littlelakesny.org). Participants include: Erin Bullock, Wild Hill Farm CSA, Steve Melcher, Odonata Sanctuary, and Deborah Denome, Shimmering Light Farm and Renewal Center, and Facilitator: Nikolas Varrone, Flying Bucket Farm and SUNY Geneseo Instructor. Several local farmers and gardeners will share their creative insights and current practices using regenerative farming techniques. The benefits and challenges of adopting this approach will be discussed, with ample opportunity for meeting participants to ask questions and share their ideas as well.

Have you ever noticed that the Pennysaver is now giving tips? When I asked my daughter to give me a tip to use in my column, she provided this one – “Always use a cold liquid to dissolve cornstarch before using it for thickening, as the use of a hot liquid will make a glob that is unusable!” Do you have a tip to share? Send it to me via phone 585-669-2659, mail PO Box 217, e-mail, or directly by word of mouth. Thank you in advance.

Happy Birthday to:

December 31 – Juergen Lein

January 1 – Matt Hoppough, Alice Behnk, Jeremy Canute

January 3 – Andy Stevens, Sue Irizarry

January 4 – Nellie White, Betty Hoppough

January 5 – Jane White

January 6 – Judy Tripp-Neu, Phil Moyer

January 7 – Amy Jacobs, Bessie Bourgoine, Melissa Wormuth

Anniversaries: Congratulations!

December 31 – Ed & Sandra Freas #54